



Advanced Nerve & Health Center

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The most important factor to Advanced Nerve & Health Center is our PATIENTS. Their level of knowledge of neuropathy is extremely valuable when seeking treatment. We take the time to provide the information, documentation, research, and facts because an educated patient can regain YEARS of better quality of life.

Who is Dr. Thai?

Dr. Thai started his career as a chiropractor. Today, and for the last several years, his specialty is any condition that involves nerves. He is the pioneer of a process that has helped thousands nationwide reverse neuropathy. Dr. Thai figured out how to use medical technologies such as specialized surgical lasers and other technologies that allow the body to speed up its natural repair process. His process decreases inflammation, increase the uptake of nutrients into cells, and allows the body to repair and regenerate damaged nerves and tissues. His process is comprehensive. Patients are given a nutritional program they follow to help establish an anti-inflammatory state in their body. It is an important part of his process. The only way you can get real results is to deal with all the problems that are making the neuropathy worse. So many of Dr. Thai's past patients have been told they can mask the symptoms with medications or injections. This simply does not work and NEVER will benefit the patient. Our process is PROVEN to repair and rejuvenate nerves in a pain free and sustainable way.

What is Neuropathy?

Formally referred to as peripheral neuropathy, this condition involves damage to your body's peripheral nerves. The peripheral nerves send messages from your central nervous system to other areas of your body. When damage to these nerves occur, you may notice several symptoms, such as:

- Numbness or tingling in the hands or feet
- Poor muscle coordination
- Muscle weakness
- An inability to feel hot or cold temperatures
- Excessive cramping

Neuropathy Causes

The word neuropathy is often associated with diabetes. Did you know that more people with Medicare insurance seek treatment for diabetic neuropathy than for any other type? However, many other things can cause neuropathy, including:

- Repetitive motion injuries
- Physical trauma
- Exposure to toxins
- Excessive drug or alcohol use
- Metabolic issues
- Autoimmune disorders

Patients who are suffering from neuropathy may experience any of the following signs and symptoms:

- Pins and needles in hands or feet
- Loss of sensitivity or vibration
- Feet feel hot or on fire or frequently cold
- Burning or stabbing pain in hands or feet
- Electric shocks, shooting, sharp, or jabbing pain
- Extreme sensitivity or pain to even light touch
- Sheets or bed covers hurt feet
- Can't distinguish hot or cold sensation
- Restless legs, creepy crawlies
- Feels like socks, walking on marbles or gloves are on when they aren't
- Loss of coordination
- Difficulty walking or balance problems
- Muscle weakness, cramping or muscle spasms
- Complex regional pain syndrome or RSD

How Do Some Doctors Treat Neuropathy?

These symptoms can occur independently or all at the same time. Until recently, there have been no effective treatments for peripheral neuropathy. Most doctors told patients they would have to live with the pain, or prescribed Lyrica (pregabalin) or Neurontin (gabapentin) which were medications for epilepsy and seizures. Other drugs that have been tried with limited results are Elavil (amitriptyline), other antidepressants and opiate pain killers in some patients. Side effects of these drugs are numerous, including nausea, drowsiness, headaches, dizziness, gas, diarrhea, constipation, insomnia, dry mouth, blurred vision, weight gain, swelling, difficulty concentrating, memory loss, mood change, depression, hallucinations, delusions, suicidal ideations, and many, many more. Check out our Medication Side Effect document!

But What About Insurance? Medicare Won't Cover This?!

We understand how hard it is to live with neuropathy. We only wish that our innovative treatment services were available to everyone through Medicare and insurance. Many people often mistake that we as a clinic CHOOSE to not accept Medicare or major insurance. The nature of our treatment process is regenerative, which is to restore and generate nerve function.

We believe that we can no longer be dependent on insurance companies to determine what type of care and treatments we are able to give. The reality is, it is up to you on choosing how you want to treat your body and chronic pain, not an insurance company. Traditional medicine is needed, but it's time we move beyond it and no longer use just medication and surgery to heal ourselves. The use of regenerative medicine can be exactly what you are looking for to help you achieve your functional goals.

A few different reasons why insurance companies do not pay for regenerative medicine treatment is a result of the Medicare guideline, section 2251.3: This states ***“if a treatment is designed to help prevent disease, promote health, and extend and improve the quality of life; or a therapy is being used to either maintain or prevent deterioration of a chronic condition, it is essentially believed to be not medically necessary.”*** And when it comes to regenerative medicine, the goal is to help prevent further deterioration, which fits in this statement.

Even if you don't have Medicare, most insurance companies have the same viewpoint as Medicare guidelines, which again says, because it's a “regenerative process” and is supposed to prevent additional deterioration that Medicare will not cover the cost.

What can I expect during my in-office neuropathy consultation at Advanced Nerve & Health?

You already took the most important step by completing your telemedicine visit and now arranging to come into the clinic. Once you arrive in our office, you'll be greeted by our front staff. If you were not able to complete your paperwork at home, we'll be happy to provide you with a packet upon arrival. We'll make you comfortable in our waiting room while we prepare for your one on one deep dive into your specific neuropathy condition.

Our office is always buzzing with new patients and current patients, so we may look quite busy while you wait to see Dr. Thai, Dr. Buckley or Specialist Hunter. We promise to give you the time you deserve to find answers towards recovery and relief. Once your medical background has been reviewed, you'll be escorted to an exam room. This is where the background information and investigation begin!

In order to determine the extent of your neuropathy, Dr. Thai, Dr. Buckley or Specialist Hunter may perform a nerve sensitive test or a class IV laser treatment during your time in our office. All of this is done onsite with our professional medical staff. Once complete, you will ask a series of questions and then review a few key factors. By the end of your consultation, you will know the answers to the concerns below....

- 1. Are we able to help you? Are you a candidate for our treatment process?**
 - a. Dr. Thai will NEVER waste your time or money. If we are not able to help you, we will find another avenue for you to try.
- 2. If we ARE able to help you.....how many treatments will be needed? What is the time commitment required on your part?**
 - a. Every patient has a specific plan built to the needs of their recovery. We will explain everything in detail, but there is a time commitment involved which could last 6-12 weeks.
- 3. What other components of the treatment process will you need?**
 - a. There are several specific medical treatment processes combined with home therapy additions and even detailed nutritional elements and supplements. The Doctor will determine the best combination specific to you.

Once your consultation is complete, the Doctor will write up your life-changing treatment plan and then explain the details. Afterwards, our Director of Patient Care (Ashley or Sarah) will walk you through the next steps of starting your treatment.

